



## Joan Snow PreK Center

May 2023 Parent Newsletter



Dear Joan Snow Families,

We hope this newsletter finds you well. As we approach the end of the school year, we want to update you on some exciting events and important information happening at Joan Snow Pre-K Center this May.

**End of Year Celebrations:** We are planning to hold Stepping Up Celebrations for our students in June. We will begin introducing and rehearsing the songs with the students in May. Details about the specific dates and times for each class event will be shared with you by your child's teacher during the month of May, so that you can begin to plan accordingly. These celebrations will be an opportunity for students to showcase their learning and achievements throughout the school year, and for families to join in the celebration of their child's accomplishments.

**Mindfulness:** As you know, mindfulness has become an integral part of our school's curriculum. We invite you to practice Mindful Breathing at home. Encourage your child to take slow, deep breaths in through their nose and out through their mouth. Practice mindful breathing before bed time or story time or any transitions.

**Upcoming Events:** We have some exciting events planned for the month of May, including:

- Parent Advisory Committee meeting: Join us on Thursday, May 25<sup>th</sup> at 5:30 for our monthly virtual PAC meeting, invite and link to follow.
- Parent Training: Join us May 18<sup>th</sup> at 5pm
- We will continue in-house "field trips" for students to further enrich their learning experiences. During May, we will host BubbleMania and Quiver Farms, Traveling Farm (dates to follow).
- Outdoor play and water play activities, weather permitting, to encourage physical activity and sensory exploration. Please remember to send in extra clothing for your child, as sometimes they get their clothing wet during play.
- Our Pre-K Students will be learning all about plants and our 3K Students will be learning about our impact (self, others, and world).

**Celebrating an Inclusive School Community:** As we continue our journey towards fostering a diverse, inclusive, and welcoming environment at our Pre-K Center, we are excited to highlight some important events and resources related to diversity, equity, and inclusion. We hope these resources will inspire you and provide valuable tools for promoting diversity and celebrating differences with your child at home.

**Cultural Celebrations:** May is a month that offers opportunities to celebrate and learn about different cultures and identities. Here are some ideas for incorporating cultural celebrations into your family's activities:

1. *Asian American and Pacific Islander Heritage Month:* May is designated as Asian American and Pacific Islander Heritage Month, a time to recognize and celebrate the rich history, contributions, and cultures of Asian Americans and Pacific

Islanders. You can engage your child in age-appropriate activities such as reading books, watching videos, trying out traditional crafts, or learning about famous figures from Asian American and Pacific Islander heritage.

2. *Celebrating Mother's Day*: Mother's Day is celebrated on the second Sunday of May in many countries, including the United States. It's a great opportunity to celebrate and honor the diversity of motherhood, including diverse family structures, cultural traditions, and individual experiences. You can engage your child in activities such as making cards, cooking together, or discussing the importance of mother figures in different cultures.
3. *Celebrating Mental Health Awareness Month*: May is also recognized as Mental Health Awareness Month, a time to promote awareness, understanding, and support for mental health. You can engage in age-appropriate discussions with your child about emotions, self-care, and the importance of mental well-being.
4. *Memorial Day* is a national holiday in the United States that honors and remembers the men and women who have died while serving in the military. You can engage in discussions with your child about the significance of Memorial Day, and discuss how different cultures and communities may commemorate and remember their fallen heroes.

***Diverse Children's Books***: Reading diverse children's books with your child is a great way to promote representation, empathy, and understanding. Look for books that feature diverse characters, cultures, and experiences, and engage in discussions with your child about the stories and themes.

We hope these resources and ideas will help you continue to promote diversity, equity, and inclusion within your family and home. Thank you for your partnership in creating a welcoming and inclusive environment for all of our children.

**Important Reminders: Days off**

- School will be closed on Monday, May 29<sup>th</sup> in observance of Memorial Day.
- Please continue to check your child's backpack and our school communication channels (such as ClassDojo, email, and newsletters) for important updates and announcements.
- Please make sure your child has appropriate clothing for outdoor play and water play activities, and label any personal items (sweatshirts, hats, water bottles, etc.)
- If your child will be absent from school, please remember to notify the school office as soon as possible.

We appreciate your continued support and partnership in creating a positive learning environment for our PreK students. Thank you for entrusting us with your child's early education. If you have any questions or concerns, please do not hesitate to reach out to us.

Sincerely,

Rosalie Favuzza  
Joan Snow PreK Center



To see the School Food Menu for the month,  
[click here.](#)

Look for the "Express" menus  
(Cold Breakfast & Hot Lunch)