

NOVEMBER 2026: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	Election Day 3	4	5	6
Frosted Mini Wheats Honey Graham Cracker (V) Plain or Strawberry Banana Applesauce (VE)	**Cinnamon Burst Pancakes (V)**	**Sweet Potato Oatmeal Muffin (V)**	**Yogurt Choice (V)** Apple Cinnamon Granola (V) Raisins (VE)	**Honey Corn Bread (V)** Honey Roasted Sunflower Seeds (V)
9	10	Veterans Day 11	12	13
Honey Toasted Oats (V) Apple Cinnamon Granola (V) Raisins (VE)	**Apple Cinnamon Bread (V)** Colby Jack Cheese Stick (V)	**Whole Grain Croissant (V)** with Jelly (VE) Honey Roasted Sunflower Seeds (V)	**Yogurt Choice (V)** Blueberry Granola (V) Raisins (VE)	**Banana Muffin (V)** Cheddar Cheese Stick (V)
16	17	18	19	20
Berry Toasted Oats (VE) Honey Roasted Sunflower Seeds (V) Applesauce (VE)	**Whole Grain Croissant (V)** with Jelly (VE) Cheddar Cheese Stick (V)	**Zucchini Carrot Bread (V)**	**Yogurt Choice (V)** Blueberry Granola (V) Raisins (VE)	**Blueberry Bread (V)** Colby Jack Cheese Cubes (V)
23	24	25	Thanksgiving Recess 26	Thanksgiving Recess 27
Frosted Mini Wheats Honey Graham Cracker (V) Plain or Strawberry Banana Applesauce (VE)	**Cinnamon Burst Pancakes (V)**	**Sweet Potato Oatmeal Muffin (V)**	**Yogurt Choice (V)** Apple Cinnamon Granola (V) Raisins (VE)	**Honey Corn Bread (V)** Honey Roasted Sunflower Seeds (V)
30				
Honey Toasted Oats (V) Apple Cinnamon Granola (V) Raisins (VE)				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD FROM NEW YORK.

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

Cold Cereal Choices
Berry Toasted Oats (VE)
Blueberry Granola (VE)
Cereal with Oat Clusters (V)
Cinnamon Vanilla Granola (VE)
Honey Toasted Oats (V)
Shredded Wheat
Toasted Oats (VE)

OFFERED DAILY
Options may vary by location

Breakfast After the Bell
Grab and Go

Alternative Breakfast
Grab and Go
(Cereal, Fruit and Milk)

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Cantaloupe, Clementines, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries, Watermelon (VE)

OFNS has an extensive Prohibitive Ingredients List available at:

ATTENTION:
• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

• **Vegetarian Item (V)**: A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
• **Vegan Item (VE)**: A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.